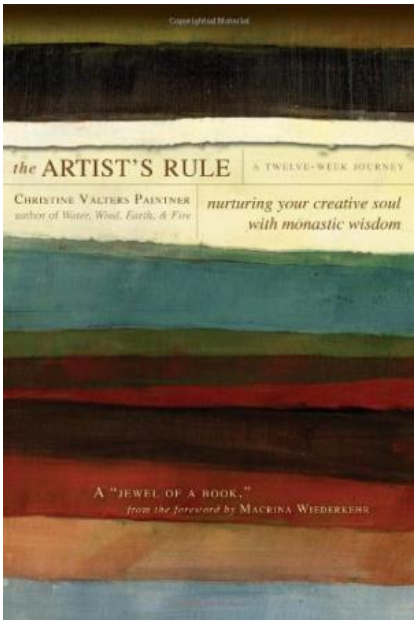

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By Christine Valters Paintner

Sorin Books. Paperback. Book Condition: New. Paperback. 192 pages. Dimensions: 8.9in. x 5.9in. x 0.5in.Christine Valters Paintner, author of Water, Wind, Earth, and Fire, invites readers to discover and develop their creative gifts in a spirit of prayer and reflection. This twelve-week course draws on the insights and practices of Benedictine spirituality to explore the interplay between contemplation and creativity. Summarized in the phrase pray and work, The Rule of St. Benedict provides the inspiration for Christine Valters Paintners newest exploration of the mutually nourishing relationship between contemplative practices and creative expression. Artists of all stripes and stations in life--poets or painters, potters or photographers--will discover how traditions of Benedictine, Celtic, and desert spirituality can offer new sources of inspiration for their work. Through this twelve-week course, themes like Sacred Tools and Sacred Space, Creative Solitude and Community, and Nature as a Source of Revelation and Inspiration are enriched by Paintners perceptive discussion and enhanced by insightful quotations from well-known artists and writers. Each week offers suggestions for grounding both the creative and the spiritual life through three basic practices: walking, lectio divina, and journaling. In sync with Paintners vibrant Internet presence, The Artists Rule is supplemented with online resources,...

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